

DAY 3

15 August 2019

lay out: EC minimoto

training duur 10 min  
wisseling groep 3 min

class		Duur	Van	Tot	Wissel	lay out
Race-kids 1	warming up	0:08	10:00	10:08	0:03	mini
Minibike A	warming up	0:08	10:11	10:19	0:03	mini
Minibike B	warming up	0:08	10:22	10:30	0:03	mini
EC minimoto group Thursday only	warming up	0:08	10:33	10:41	0:03	mini
NSF / Ohvale	warming up	0:08	10:44	10:52	0:03	miniGP
125cc / MiniGP	warming up	0:08	10:55	11:03	0:03	miniGP
		0:10	11:06	11:16		10 min
Race-kids 1	sprint race / grid start	0:10	11:16	11:26	0:03	mini
Minibike A	sprint race / grid start	0:10	11:29	11:39	0:03	mini
Minibike B	sprint race / grid start	0:10	11:42	11:52	0:03	mini
EC minimoto group Thursday only	sprint race / grid start	0:10	11:55	12:05	0:03	mini
NSF / Ohvale	sprint race / grid start	0:10	12:08	12:18	0:03	miniGP
125cc / MiniGP	sprint race / grid start	0:10	12:21	12:31	0:03	miniGP
Pauze		0:45	12:34	13:19		45 min
Race-kids 1	endurance/ obstacle start	0:15	13:19	13:34	0:03	mini
Minibike A	endurance/ obstacle start	0:15	13:37	13:52	0:03	mini
Minibike B	endurance/ obstacle start	0:15	13:55	14:10	0:03	mini
EC minimoto group Thursday only	endurance/ obstacle start	0:20	14:13	14:33	0:03	mini
NSF / Ohvale	endurance/ obstacle start	0:20	14:36	14:56	0:03	miniGP
125cc / MiniGP	endurance/ obstacle start	0:20	14:59	15:19	0:03	miniGP
Pauze		0:10	15:22	15:32		10 min
Race-kids 1	cooling down	0:12	15:32	15:44	0:03	mini
Minibike A	cooling down	0:12	15:47	15:59	0:03	mini
Minibike B	cooling down	0:12	16:02	16:14	0:03	mini
EC minimoto group Thursday only	cooling down	0:12	16:17	16:29	0:03	mini
NSF / Ohvale	cooling down	0:12	16:32	16:44	0:03	miniGP
125cc / MiniGP	cooling down	0:12	16:47	16:59	0:03	miniGP

Racecamp finish at 17:00